



# State Resources for Seniors in New York

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Studies have shown seniors require more nutrients to combat the effects of aging. Therefore, it's vital you get the nutrients you need, a fact not lost on New York's many Meals on Wheels services.

## Meals on Wheels

Meals on Wheels operates statewide through a network of semi-independent organizations. Consequently, there are differences in their menus and delivery schedules but they all prepare food with recommended daily nutrients and none refuse meals to seniors unable to pay the suggested donation.

	Area Served	Address	Phone Number
<b>Citymeals on Wheels</b>	The Five Boroughs	355 Lexington Avenue, New York, NY 10017	Enter your zip code on the site to find your local case management agency
<b>North Area Meals on Wheels</b>	Northern Onondaga County	413 Church Street, North Syracuse, NY 13212	(315) 452-1402
<b>Meals on Wheels Chemung County</b>	Chemung County	409 William Street, Elmira, NY 14901	(607) 734-9535
<b>Home Meal Service, Inc.</b>	Wayne County	1165 East Union Street, Suite 206, Newark, NY 19711	(315) 332-8888
<b>Meals on Wheels Greater Newburgh</b>	Newburgh	35 Cerone Place, Newburgh, NY 12550	(845) 562-3490
<b>Meals on Wheels Greater Hyde Park</b>	Hyde Park	1 Church Street, Hyde Park, N.Y. 12538	(845) 229-5896
<b>Three Village Meals on Wheels, Inc.</b>	Three Village	216 Christian Avenue, Stony Brook, NY 11790	(631) 689-7070
<b>Meals on Wheels of New Rochelle</b>	New Rochelle	50 Pintard Avenue, New Rochelle, NY 10801	(914) 576-3865



## Food Pantries

There are many food pantries throughout New York. Each operates differently, but all provide basic staples, such as rice, pasta, and canned goods.

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## Government Assistance Programs

Although the previously listed organizations offer significant help, they may not offer all the assistance you need. Fortunately, there are government programs you may find useful.

	Area Served	Address	Phone Number
<b>Commodity Supplemental Food Program</b>	NYC and Long Island	Contact your nearest office	Contact your nearest office
<b>Departments of Social Services</b>	Statewide	Contact your local office	Contact your local office