



# State Resources for Seniors in Illinois

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Nutrition is vital for senior citizens, particularly those who have underlying health conditions. A well-rounded, nutritious diet gives seniors the chance to consume the vitamins and minerals they need but unfortunately, seniors who are housebound or unable to get around easily may experience difficulties in accessing the food they need to maintain a balanced diet. In Illinois, programs such as Meals on Wheels, as well as local food pantries and government assistance programs, make it easier for seniors to access healthy food.

## Meals on Wheels

Meals on Wheels delivers healthy, balanced meals to senior citizens through several branches across Illinois. Volunteers also conduct regular wellness checks and provide brief opportunities for socialization and companionship during delivery.

	Area Served	Address	Phone Number
<b>Meals on Wheels Foundation of Northern Illinois</b>	Cook, Grundy, Kendall and Will Counties	7222 Cermak Road, North Riverside, Illinois 60546	(312) 207-5290
<b>Meals on Wheels Northeastern Illinois</b>	Buffalo Grove, Deerfield, Evanston, Glencoe, Glenview, Grayslake, Gurnee, Highland Park, Highwood, Kenilworth, Lake Bluff, Lake Forest, Lake Villa, Libertyville, Lincolnshire, Lincolnwood, Lindenhurst, Morton Grove, Mundelein, Niles, North Chicago, Northbrook, Northfield, Park City, Round Lake, Skokie, Third Lake, Vernon Hills, Waukegan, Wilmette, Winnetka, Winthrop Harbor and Zion	1723 Simpson Street, Evanston, Illinois 60201	(847) 332-2678



<b>Meals on Wheels Chicago</b>	Greater Chicago area	314 West Superior Street, #201, Chicago, Illinois 60654	(773) 661-4550
<b>Meals on Wheels DeKalb County</b>	DeKalb County	1606 Bethany Road, Sycamore, Illinois 60178	(815) 758-3932

## Food Pantries

Food pantries and banks help low-income households access non-perishable food items such as canned foods, pasta and cereals. These pantries are operated by independent organizations and as such, they have their own eligibility requirements.

	Area Served	Address	Phone Number
<b>Central Illinois Foodbank</b>	Adams, Bond, Brown, Cass, Christian, Effingham, Fayette, Greene, Jefferson, Logan, Macon, Macoupin, Marion, Menard, Montgomery, Morgan, Pike, Sangamon, Schuyler, Scott and Shelby Counties	1937 East Cook Street, Springfield, Illinois 62703	(217) 522-4022
<b>East Illinois Foodbank</b>	Champaign, Clark, Clay, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Jasper, Livingston, McLean, Moultrie, Piatt, Vermilion and Woodford Counties	2405 North Shore Drive, Urbana, Illinois 61802	(323) 234-3030
<b>Greater Chicago Food Depository</b>	Cook County	4100 West Ann Lurie Place, Chicago, Illinois 60632	(773) 247-3663
<b>Northern Illinois Foodbank</b>	Boone, Dekalb, DuPage, Grundy, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Stephenson, Will and Winnebago Counties	273 Dearborn Court, Geneva, IL 60134	(630) 443-6910
<b>Peoria Area Food Bank</b>	Mason, Peoria and Tazewell Counties	721 West McBean Street, Peoria, IL 61604	(309) 671-3906

## Government Assistance Programs

Additional assistance may be available to seniors who don't qualify for or are unable to receive help from the organizations listed above.

	Area Served	Address	Phone Number
<b>Commodity Supplemental Food Program</b>	Statewide	Contact the local office.	Contact the local office.
<b>Supplemental Nutrition Assistance Program</b>	Statewide	Administered at the county level.	(800) 843-6154