



# State Resources for Seniors in Michigan

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

It's vital that seniors have adequate nutrition, particularly if a medical condition requires a special diet or makes it difficult for them to absorb vitamins and minerals or eat enough food. In Michigan, several assistance programs make healthy and nutritious food more affordable and available for seniors, including Meals on Wheels, food pantries and government programs.

## Meals on Wheels

Meals on Wheels helps to alleviate hunger and social isolation by delivering meals to seniors in their homes across Michigan. Local offices determine when and how many meals will be delivered throughout the week.

	Area Served	Address	Phone Number
<b>Oakland Meals on Wheels</b>	Oakland County	3179 Livernois Road, Troy, MI 48083	(248) 689-0001
<b>Meals on Wheels Western Michigan</b>	Kent and Allegan Counties	2900 Wilson Avenue SW, Suite 500, Grandville, MI 49418	(616) 459-3111
<b>Macomb County Meals on Wheels</b>	Macomb County	Office of Senior Services, 21885 Dunham Road, Suite 6, Clinton Township, MI 48036	(586) 469-5228
<b>Ypsilanti Meals on Wheels</b>	Eastern Washtenaw County	1110 W Cross Street, Ypsilanti, MI 48197	(734) 487-9669
<b>Ann Arbor Meals on Wheels</b>	Ann Arbor	3621 S. State Street, Suite 650, Ann Arbor, MI 48108	(734) 998-6686
<b>Meals on Wheels Friends of Jackson Seniors</b>	Jackson County	1715 Lansing Avenue, Suite 672, Jackson, MI 49202- 2193	(517) 788-4364
<b>Pontiac Meals on Wheels</b>	Pontiac	248 South Telegraph Road, Pontiac, MI 48341	(248) 738-9393
<b>Meals on Wheels Age Well Services</b>	Muskegon, Oceana and Ottawa Counties	Admin Offices Berkshire, 275 W. Clay Avenue, Suite 100. Muskegon, MI 49440	(231) 755-0434



## Food Pantries

Michigan has several food pantries that provide dried and fresh foodstuffs to seniors and those in need. Individual pantries have their own operating hours and eligibility criteria. Some pantries deliver items, while others require in-person collections.

	Area Served	Address	Phone Number
<b>Holt Community Food Bank</b>	Holt and Delhi Township	2021 Aurelius Road, Holt, MI 48842	(517) 694-9307
<b>Manna Food Project</b>	Antrim, Charlevoix and Emmet Counties	8791 McBride Park Court, Harbor Springs, MI 49740	(231) 347-8852
<b>Downtown Food Pantry</b>	Heartside	Westminster Presbyterian Church, 47 Jefferson Avenue, SE, Grand Rapids, MI 49503	(616) 717-5581
<b>ACME Christian Thrift Store and Food Pantry</b>	Williamsburg	8925 M72E. Williamsburg, MI 49690	(231) 267-3002
<b>Greater Lansing Food Bank</b>	Clare, Clinton, Eaton, Gratiot, Ingham, Isabella and Shiawassee Counties	5600 Food Court, Bath, MI 48808	(517) 853-7800
<b>Open Hands Food Pantry and Garden</b>	Royal Oak	11 Mile and Woodward Avenue, Royal Oak, MI 48067	(248)546-1255
<b>Feeding America West Michigan</b>	40 counties in West Michigan and the Upper Peninsula	864 West River Center Drive NE, Comstock Park, MI 49321	(616) 784-3250
<b>South Michigan Food Bank</b>	Barry, Branch, Jackson, Calhoun, Lenawee, Kalamazoo, Hillsdale and St. Joseph Counties	5451 Wayne Road, Battle Creek, MI 49037	(269) 964-3663

## Government Assistance Programs

If you need assistance that isn't covered by any of the above organizations, you might be eligible for help from a government program.

	Area Served	Address	Phone Number
<b>Senior Project FRESH</b>	Statewide	Contact your local agency	Location dependent