



State Resources for Seniors in Maryland

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Capital Area Food Bank	Communities Surrounding Washington D.C	12301 Old Columbia Pike Silver Spring, MD 20904	(202) 644-9807
Maryland Food Bank - Eastern Shore Branch	Salisbury and Surrounding Areas	28500 Owens Branch Road Salisbury, MD 21801	(410) 742-0050
Maryland Food Bank - Western Branch	Western Virginia	220 McRand Court Hagerstown, MD 21740	(410) 737-8282

Government Assistance Programs

Maryland residents have access to two food assistance programs that give them the ability to choose how they get the food they need. SNAP gives you a card that can be used at grocery stores, convenience stores, online food delivery services and even some restaurants. Maryland Access Point locations can help you find assistance programs available in your community.

	Area Served	Address	Phone Number
Maryland Access Point (MAP)	All Maryland Counties	Your Local MAP Office	(844) 627-5465
Supplemental Nutrition Assistance Program (SNAP)	Entire State	Local Department of Social Services	(800) 332-6347