



State Resources for Seniors in Colorado

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Seniors in Colorado who need help meeting their nutritional needs have several assistance options. You can get hot and frozen meals delivered to your home. You can visit food banks for free and low-cost food that you can cook at home, or you can get financial assistance to purchase food at grocery stores and even some restaurants.

Meals on Wheels

Meals on Wheels is a national organization that's delivered thousands of meals to seniors in Colorado who are unable to prepare or obtain their own food. In addition to serving the nutritional needs of countless older adults in the state, volunteers provide a valuable service by checking in on the health and well-being of isolated seniors.

	Area Served	Address	Phone Number
Volunteers of America Colorado	Denver Metro	2660 Larimer St, Denver, CO 80205	(720)501-3367
Meals on Wheels for Fort Collins	Fort Collins	1217 E. Elizabeth St. No. 11, Fort Collins, CO 80524	(970) 484-6325
Silver Key Senior Services	Colorado Springs	1625 S Murray Blvd, Colorado Springs, CO 80916	(719) 884-2300
Meals on Wheels Mesa County	Grand Junction and Surrounding Region	551 Chipeta Ave, Grand Junction, CO 81501	(970) 243-9844
Meals on Wheels of Boulder	Boulder	3701 Canfield St, Boulder, CO 80301	(720) 780-3380

Food Pantries

Seniors who are having trouble affording groceries at their neighborhood market can get the food they need for free or at a very low cost at food pantries across the state. These distribution centers rely on government funding and donations from the community.

	Area Served	Address	Phone Number
Food Bank of the Rockies - Denver Distribution Center	Denver Metro	10700 E. 45th. Ave. Denver, CO 80239	(303) 371-9250
Food Bank of the Rockies - Western Slope Distribution Center	Palisade and Surrounding Region	120 North River Road Palisade, CO 81526	(970) 464-1138
Food Bank for Larimer County	Fort Collins and Larimer County	1301 Blue Spruce Dr, Fort Collins, CO 80524	(970) 493-4477
Care and Share Food Bank for Southern Colorado	Southeast Colorado	2605 Preamble Pt, Colorado Springs, CO 80915	(719) 528-1247
Harvest of Hope Pantry	Boulder	4830 Pearl Street, Boulder, CO 80301	(720) 382-1971

Government Assistance Programs

Colorado offers two assistance programs that you can use to pay for food. SNAP beneficiaries receive an EBT card that can be used at a variety of food establishments. TANF is a general cash assistance card that you can use for food and other necessities.

	Area Served	Address	Phone Number
Colorado Works (TANF)	Entire State	Human Services Department Locations	(855) 855-4626
Supplemental Nutrition Assistance Program (SNAP)	Entire State	Human Services Department Locations	(855) 855-4626